



Lapidus Scotland presents:

Change: from Loss to Healing

**How to Facilitate Using the Literary Arts
alongside Visual Art, Music and Movement**

A Residential Workshop for Experienced Facilitators of words for wellbeing
2nd to 5th November 2017

Thursday from 5pm till Sunday 4pm

at Whatton Lodge, East Lothian

led by Ted Bowman

on the threshold of change we can connect with others through writing,
reading, singing, storytelling to '*inspire, encourage, revive, reassure*'.

Living with Uncertainty - both personal and public: Using Words and Stories as Resources. Whether public or personal '*if something is unmentionable it can also be unmanageable.*' Finding words or stories can aid one's coping, resiliency and hope. **Ted** is a family and grief therapist working in the U.S. In 2008 he received the outstanding achievement award from The National Association for Poetry Therapy. He delivers inspiring and relevant workshops suitable for personal development and professional use.



This may be the last chance to hear this great voice of healing, Ted Bowman, teaching in Scotland with his team of experienced wordsmiths, Larry Butler and Valerie Gillies! – along with guest artist and singer Penny Stone.

further details: lapidus.scotland.1@gmail.com or www.wordsworkwellscotland.co.uk